LOOKING AHEAD

Daily Office: Monday - Thursday & Saturday 8am & 5.30pm

Sunday 19 May 10am Tuesday 21 May 12-4pm Friday 24 May 9.30-11am

Sunday 26 May 10am Thursday 30 May 7pm Friday 31 May 9.30-11am

Sunday 2 June 10am

Tuesday 3rd June 12-4pm Friday 7 June 9.30-11am

Sunday 9th June 10am Sunday 9th June 6.30pm

Tuesday 11th June 12-4pm Friday 14th June 9.30-11am

Sunday 16 June 10am

Tuesday 18 June 12-4pm Friday 21th June 9.30-11am

Sunday 23rd June 10am Tuesday 25th June 12-4pm Friday 28th June 9.30-11am

Sunday 30 June 10am

Sunday 7 July 10am

Tuesday 9th July 12-4pm Friday 12th July 9.30-11am

Sunday 14 July 10am

Tuesday 16th July 12-4pm Friday 19th July 9.30-11am

Sunday 21 July 10am Tuesday 23th July 12-4pm

Friday 26th July 9.30-11am

Sunday 28 July 10am

Mass for Easter 5

Tuesday Sale Little Lights

Mass for Easter 6

Mass for the Ascension

Little Lights

Mass for Easter 7

Tuesday Sale Little Lights

Mass for Pentecost

Choral Evensong Tuesday Sale

Little Lights

Mass for Trinity Sunday

Tuesday Sale Little Lights Mass for Trinity 1

Tuesday Sale Little Lights

Mass for St Peter & St Paul (Revd. Pauline

Nashashibi)

Mass for Trinity 3

Tuesday Sale Little Lights

Mass for Trinity 4

Tuesday Sale Little Lights

Mass for Trinity 5

Tuesday Sale Little Lights

Mass for Trinity 6

THIS IS THE GATE OF HEAVEN

Winner of 'The UK's Best Modern Churches' award November 2013

Next Sunday: 26th May 2019 Mass for Easter 6 380 186 220 228

Acts 16:9-15 Mary S **Revelation 21:10-22.5** Nikki

Psalm 67 Gospel: John 5:1-9

Intercessions: Julian

Chalice: Nikki Sidespeople: Cathy & Mary S

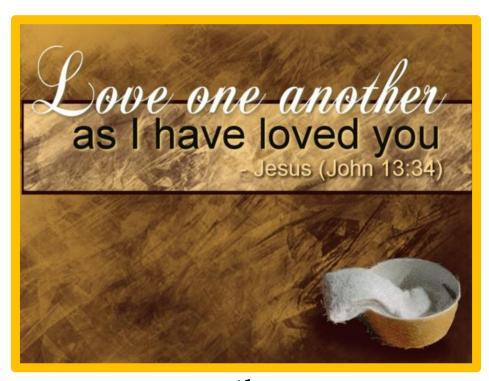
Vicar: Mother Bernadette Hegarty 020 3774 6833 Churchwarden: Julian Bream 07818 048048

DONATIONS gratefully received for our building fund by cheque payable to St Paul's, Bow Common, Gift Aided where possible.





THE PARISH OF ST. PAUL WITH ST. LUKE BOW COMMON



Sunday 19th May 2019 Mass for the 5th Sunday of Easter

372 432 111 298

Acts 11:1-18 Edward Revelation 21:1-6 Hendrika

Psalm 148 Gospel: John 13:31-35

Intercessions: Julian

Chalice: Ayo **Sidespeople:** Edward & Beata

PLEASE PRAY FOR:

Esther Christian, John Christian, Rachel Christian, Caroline Smith, Layo Olaniyan, Florence Ebseye, Audrey Mameli, Tracy Deirki, Robert Partridge, Latarshia Bailey, Tom Cantwell, Omega Eliarda, Ben Reyes

Our link church of **Santa Monica, Maputo** in Mozambique
Our church School – **St Paul with St Luke**

May's Year's Mind: Horace Kingston, Tom Duberry, Barry Lineham, JLloyd Samuel

Alleluia Christ is Risen! He is Risen indeed. Alleluia!

Today we celebrate the **Fifth Sunday of Easter**. Having journeyed through Lent and Holy Week, experienced the sorrow of Good Friday and the joy of Easter Day, we are now in Eastertide which continues until Pentecost.



Mass for the Ascension of our Lord on Thursday 30th May at 7pm. This is one of the main feasts of the church so do make a special effort to come along as it is a very special service.



Pilgrimage to the Holy Land Wednesday 6th – Friday 15 May 2020 with Mthr. Bernadette & Revd Jane Hodges. The trip will be based in mainly in Bethlehem & Nazareth with time in Jerusalem, Hebron and Nablus on the shores of

Galilee and in the Judean wilderness. **Cost £1,600**. The trip is **full board and includes return flights from London to Ben Gurion Airport in Tel Aviv.** Prices are based on 2 people sharing. Single rooms are available with a supplementary fee. I would encourage you to come along as the experience will enable you to deepen your faith and you will listen to Scripture with a different ear. For more information talk to Mthr. Bernadette.

Refreshing the Prayer List: Every so often we revise the list of people for whom we pray regularly, and which appears on this sheet and on the website. We try to keep this current and meaningful by 'refreshing' the list and starting again.

So, you are invited to write the names of anyone you wish to be prayed for by completing the form at the back of church. When people get better it is always good to take them off the list. **The form will be at the back of church until Pentecost,** so please do add the name(s) of anyone you wish us to pray for before you leave today.

Special Service of Choral Evensong: 6.30pm Pentecost Sunday 9th June 2019. The East London Choral Evensong Choir have offered us the opportunity to experience Choral Evensong once again in the comfort of our own church. If you are not familiar with this kind of service or you didn't make the last service, I encourage you come along and experience it for yourself – you won't be disappointed.

Confirmation: We have two candidates for confirmation this year. The Confirmation Service will take place on **Sunday 8th September 2019.** If you haven't been confirmed and are thinking about it, I hope this note will help you to understand what is involved.

Being a Christian is a journey that has lots of stages in it. We all make our journey at different speeds and there is no definite timetable and even the route can be different for different people. Confirmation marks an important stage in this journey.

In Confirmation we receive the gift of the Holy Spirit in a special way to strengthen and guide us for the future whilst making a promise to continue to serve God in our lives.

Anyone being confirmed will be baptised first as a sign of the cleansing of our lives by Jesus' love. If you were not baptised as a child, then this will take place in the same service as the Confirmation.

If you would like to be Confirmed or find out more, please talk to Mthr. Bernadette.

Church Community Summer Party in the vicarage garden on Saturday 22nd June from 2-10pm. Bring and share. Invite family and friends but let us know by signing the sheet at the back of church letting us know what dish you are planning to bring and how many people you are inviting.





A big thankyou to
Hendrika and to Paul &
Paul from Stitches in
Time who led us in the art
of silk screen painting.
Our work will form part of
an exhibition at St Paul's
Cathedral over the

summer.

Community Interfaith Iftar: We are invited to this event on Wednesday 22 May from 8pm onwards at the Link centre, 70 Fern St, E3 3PR. If you are planning to go, do let Mthr. Bernadette know.